

# **SUMMER CAMP 2023 AND THE CAPACITY BUILDING WORKSHOP AT APS JAMMU CANTT**

4<sup>th</sup> Day of the camp kicked off with a refreshing yoga session, where participants practiced different asanas and breathing exercises to rejuvenate their minds and bodies. It set a calm and focused tone for the day ahead.

Participants engaged in a creative art & craft activity by making trays and plates using colourful bangles. The tiny tots made beautiful artistic creations using the art of origami. The project encouraged the artistic expression of children.

A delightful fruit salad was prepared by combining a variety of fresh seasonal fruits. The vibrant medley of flavours provided a healthy and refreshing treat for everyone to enjoy.

On the 4<sup>th</sup> day of Kathak dance practice, dancers focused on refining their footwork patterns particularly the intricate tatkar sequences. They practiced taals, mastering the rhythm while maintaining grace and precision. Furthermore, they delved into expressive hand gestures (mudras) and facial expressions (abhinaya), adding depth and storytelling elements to their performance.

In the capacity building workshop, the first session was conducted by the Math's faculty including Ms Rajni, Mr Purshotam, Ms Manjeet Kour and Ms Kritika on the topic "Pedagogy of Math" which referred to the methods, strategies and techniques used in teaching and facilitating learning in the field of Mathematics. Effective pedagogy in Math involves engaging students, promoting understanding and developing problem-solving.

In the second session Mr Ashish Anand, the special educator took a session on '**Indian Sign Language**'. He emphasised communication using gestures and signs, greetings, question words and fruit names.

Following his lecture Mr Gopal and Mr Vikas Sharma introduced the teachers to the basics of Sanskrit. The teachers learnt SANKHYA (numbers), SAMAY (time) and VASRAHAA (days of the week).

In the concluding session of "Learning Outcome" on different subjects, Ms Monika Kumari (English), Ms Surbhi Mahajan (Science), Ms Saresta Katal (Social Science), Ms Kajal Thakur (Math) and Ms Sonia Thappa (Hindi), focused on delivering effective learning outcomes in all the subjects. The day culminated on a very satisfying note.



